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**MEDICAL CONNECTIONS TAPS NEW COO
TO OVERSEE DAILY OPERATIONS, FUTURE ACQUISITIONS**

*Jeff Rosenfeld brings practice/business development, medical staffing, NYSE-company
experience to new role for healthcare staffing/ recruiting services company*

BOCA RATON, FL – Tuesday, March 2, 2010 - Medical Connections Holdings, Inc. (OTC Bulletin Board: MCTH), one of the nation’s fastest growing healthcare staffing companies specializing in allied health, nurse and physician staffing and recruiting services, said it has successfully recruited Jeff Rosenfeld as its new Chief Operating Officer.

In his new role, Mr. Rosenfeld, whose most recent professional role was of Director of Practice and Business Development at CBIZ, a NYSE-traded company, will supervise the day-to-day staffing operations at Medical Connections and the integration of future acquisitions.

“This addition to our team really kicks up our operations, both on a day-to-day basis and over the long term in keeping with our aggressive plans for growth and expansion,” said Joseph Azzata, CEO of Medical Connections. “We look forward to the enormous benefits Jeff’s role will bring internally with our team, as well as externally with clients, candidates and investors.”

Prior to his role with CBIZ, Mr. Rosenfeld was President of Medical Staffing Direct (MSD) a healthcare staffing company that specialized in placing nurses on a per diem basis in emergency rooms throughout the U.S. He has over 15 years’ Business Development and Sales experience, with expertise in, among other areas, client relationship management and strategic business communications.

“We were looking for a COO who brought to the table a combination of business development, sales, organizational and customer relations experience,” added Azzata. “Jeff not only fit the bill, but he exceeded our expectations in every aspect. His addition to our Medical Connections team is a great development for all of us. His drive, energy and amazing experience will really bring our operations to the next level.”

About Medical Connections, Inc.

Founded in 2002, Medical Connections, Inc. is a pioneering medical recruitment and staffing company dedicated to satisfying the increasing demands for qualified personnel in the healthcare industry. The company identifies and places medical professionals - from nurses and physicians to pharmacists and medical scientists – in facilities throughout the U.S. Medical Connections applies both established and innovative methods to meet the needs of its clientele, capitalizing on the more than 40 years' industry experience of its key personnel.

In the relatively short period of time since its inception, Medical Connections has secured a roster of prestigious clients, both for-profit and not-for-profit organizations, and recruited the most desirous candidates from across the country. With headquarters in Boca Raton, Florida, Medical Connections is ideally positioned to increase its presence in the U.S. healthcare market. Medical Connections Holdings, Inc. is a fully reporting company trading on the OTC B/B under the ticker: MCTH.

This press release includes forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995. Such forward-looking statements involve known and unknown risks, uncertainties and other factors which may cause actual results, performance or achievements of the Company to be materially different from any future results, performance or achievements expressed or implied by such forward-looking statements. Such factors include (a) failure to successfully acquire existing staffing companies to grow its staffing business; (b) whether the company will have adequate financing to expand its business; (c) whether the company will effectively manage its expanding operations which will place significant demands on its managerial, financial and informational systems; (d) competition among medical staffing companies for clients and qualified nurses and other healthcare professionals and personnel; (e) the companies ability to locate and fill staffing orders; (f) whether general economic conditions and the regulatory environment will be favorable to the growth of the company's business; (g) the company's ability to grow organically. The company's past performance is not necessarily indicative of its future performance. The company does not undertake, and the company specifically disclaims any obligation, to update any forward-looking statements to reflect occurrences, developments, events or circumstances after the date of such statement

"Safe Harbor" Statement under the Private Securities Litigation Reform Act of 1995: Statements in this press release regarding Medical Connections Holdings, Inc. business which are not historical facts are "forward-looking statements" that involve risks and uncertainties. For a discussion of such risks and uncertainties, which could cause actual results to differ from those contained in the forward-looking statements, see "Risk Factors" in the Company's Annual Report or Form 10-K filed with the Securities and Exchange Commission for the most recently ended fiscal year at www.sec.gov.